

بسم الله الرحمن الرحيم



Curriculum Vitae

Tarek Ahmed Abd-El Rahman , MB.BCH

Msc., & M.D. Public health and Preventive Medicine, El-Minia

Master of Internal Medicine after Internal Medicine residency (1998)

Associate Professor of Public Health , Preventive Medicine and Nutrition

Faculty of Medicine, El-Minia University, El-Minia, Egypt.

Clinical nutrition consultant, Minia University Hospital

Head of Clinical Nutrition unit Minia Oncology Center

General Secretary of Egyptian Cardio-Diabetes Association

Telephone, El-Minia, Home: (086) 2093455

Office (086) 2366149 Mobile: 01002416891

University E-mail: tarek1.mohamed@mu.edu.eg

Personal E-mail: tarekareny69@yahoo.com

Biographic Data:

Date of birth: March 10, 1969.

Birth place: Mallawy, El-Minia, Egypt.

Sex: Male

Home Address: 98 El Azzizy St., Shalaby, El-Minia town, El Minia Governorate Egypt.

Marital status: Married, has three kids.

Language: Arabic and English.

Medical degrees

2008: MD. Of "Public health, social & Preventive Medicine", Faculty of Medicine, El-Minia University.

2004: MS, C. Of "Public health, social & Preventive Medicine ", Faculty of Medicine, El-Minia University.

1998: MS, C. Of "Internal Medicine ", Faculty of Medicine, El-Minia University.

1993: MB, BCH, Faculty of Medicine, El-Minia University.

Professional and Academic Experiences:

2014 till now : Associate Professor of Public Health and Preventive Medicine, Faculty of Medicine, El-Minia University.

TAREK AHMED ABDEL RAHMAN MOHAMED, CV

2008 -2014 : Lecturer, Department of Public Health and Preventive Medicine, Faculty of Medicine, El-Minia University.

2004-2008: Assistant Lecturer, Department of Public Health and Preventive Medicine, Faculty of Medicine, El-Minia University.

2000-2004: Demonstrator, Department of Public Health and Preventive Medicine, Faculty of Medicine, El-Minia University.

1999-2000: Master registrar, Department of Public Health and Preventive Medicine, Faculty of Medicine, El-Minia University.

1995-1998: Resident of Internal Medicine , Internal Medicine Department, Al-Minia University hospital , Faculty of Medicine, Al-MiniaUniversity.

1994-1995: General practitioner during obligatory military service.

1993-1994: House officer, El-Minia University Hospital.

Temporary Assignment:

- 1- Certified Trainer from International Board of Certified Trainers, in NFLDP centre, El-Minia University, since 2012.
- 2- Certified Facilitator at Know about Business (KAB) program under license of International Labor Organization (ILO) 2013.
- 3- Member of El-Minia Entrepreneurship Centre council.

Membership of:

- Egyptian medical syndicate
- Egyptian society of Community Medicine.
- Upper Egypt Diabetes Association (UEDA)
- Egyptian Medical Association of study of obesity (EMASO).
- Egyptian society of nephrology
- Egyptian society of Medicine and Fitness

Research Projects:

2014: Member of research team of the project titled " Impact of socio-demographic and economic factors on the nutritional status of children in the stage of basic education" funded by The Egyptian National Population Council The general administration of researches

2009: Research Assistant in acute hepatitis C Project, El-Minia University Hospital.

2010: Research Assistant in urinary bladder cancer Project, El-Minia University Hospital.

Medical Education Experience:

2008–2015 : Under graduate teaching lectures for fourth (Communicable and Non-communicable diseases) and fifth year (Public Health Programs and Administration) of medical students, Faculty of Medicine, El-Minia university.

2008–2015: Under graduate teaching lectures for first and third year of Faculty of Education, El-Minia Univeresity.

2008–2015: Under graduate teaching lectures for fourth year of Faculty of Pharmacy, El-Minia University.

2008–2015: Post graduate teaching lectures for Master Degree and Doctorate Degree for Public health and Preventive medicine, Master Degree for Pediatric, Gynecology and Obstetric, Tropical medicine and Parasitology.

2008–2015: Under graduate teaching lectures for fourth year of Faculty of Nursing, El-Minia University.

2008–2015: Under graduate teaching lectures for the first year of Faculty of Tourism and Hotels, El-Minia University.

2008–2010: Under graduate teaching lectures for third year of medical students (Nutrition, Environmental Health and General Epidemiology) , Faculty of Medicine, El-Minia university..

2008–2013: Under graduate teaching lectures for the first year of Faculty of Nursing, El-Minia University.

2008–2013: Under graduate teaching lectures for the first year of High Institution of Nursing, El-Minia University.

2008–2010: Under graduate teaching lectures for the first year (Computer in Medicine) of Faculty of Medicine, El-Minia University.

Conference and talk presentation:

2011: Talk presentation: Psychiatric morbidity in eating disorders, **4th Arabic nutrition conference, Amman, Jordan, 5-7 April, 2011.**

2013: Talk presentation : Updates in obesity management 2013, “Therapeutic diet, new in obesity management “**workshop in The 1st Annual Scientific Conference “Safety Environment & Nursing”, Faculty of Nursing, Minia University, 7-8 April, 2013.**

2013: Talk presentation: Assessment of nutritional status of elderly populations in rural Minia Egypt. **Approved to be presented in “The first International Istanbul Initiative on Ageing (IIIA), Istanbul, Turkey” October 4-6, 2013.**

2013: Poster presentation: “Updates in medical nutrition therapy of diabetes mellitus” 2nd Conference of Public health department, Faculty of Medicine, El Minia University, “Putting prevention into clinical practice” , Conference Hall of El-Minia University Hospital , El-Minia University Hospital, El-Minia, Egypt , 2nd December 2013.

2014 : Talk presentation: what is new in obesity management , **4th Arabic Obesity conference, Kuwait , Kuwait , 22-25 February , 2014 .**

2015-2018 : multiple talks and presentations in local conferences in Egypt in different topics

2018 : Cardio-diabetes Secrets conference , Assiut university with a talk in " nutritional management of Diabetesity " September 2018

2019 : Cardio-diabetes Secrets conference , Assiut university with a talk in " nutritional management of gestational diabetes " September 2019

Supervision of Researches :

MS.C thesis:

* Knowledge, Attitude and Practice towards hepatitis C among patients and health care workers, EL- minia governorate, by Sara Ahmed Refaei (2011) .

*Dietary patterns and cognitive performance in preschool children in El-Minia district, Egypt, by Alaa A. Abd-Allah (2013)

* Knowledge, perception, motivations and barriers regarding voluntary blood donation among Minia University students, Egypt . by Shaimaa Moustafa Hafez (2017)

My Own theses " M.D. and MSc. Thesis " :

2008: M.D. thesis of public health and Preventive Medicine "**Psychiatric morbidity among female students with eating disturbances in El-Minia University**"

2004: MSc. thesis of public health and Preventive Medicine "**Epidemiology of diabetes mellitus in an urban area of El-Minia governorate**".

1989: MSc. thesis of Internal Medicine "**changes in homeostatic system and detection of hyper-coagulable state in non-valvular atrial fibrillation**".

Publications:

2009: Sharing in editing the book of communicable & non-communicable diseases for fourth year medical students.

2010: Editing the book of community nursing with nursing faculty members.

2011: Sharing in editing the book of preventive medicine for fourth year medical students.

2013: Sharing editing the book of community medicine "Epidemiology" for 4th year nursing students.

Published articles:

1. Ahmed Arafaa,b,*, Ehab S. Eshaka,c, Tarek A. Abdel Rahmanc, Manal M. Anwarb .

Hepatitis C virus infection and risk of pancreatic cancer: A meta-analysis
Volume 65, April 2020, 101691

2. Ehab S. Eshak , Eman R. Ghazawy, Tarek A. Abd-El Rahman Shaimaa M. Hafez.

" Crossing the wide gap between positive attitude towards blood donation and its poor practice among university students: can knowledge and demographic characteristics help?!"
Journal of Public Health: From Theory to Practice (2019) 27:329–337

3. Eman M. Mahfouz , Tarek A. Abd-El Rahman , Eman S. Mohammed, and Shaza F. Mohammed
Predictors of Household Food Insecurity and Outcomes among Rural Egyptian Children
MJMR, Vol. 30, No. 2, 2019, pages (115-122).
4. Tarek A. Abdel-Rahman , Nashwa N. Kamal , Khaled H. El-Dessouki & Alaa A. AbdAllah.
" Assessment of Nutritional Status and Cognitive Development of Preschool Children at Minia Governorate , Egypt " The Canadian Journal of Clinical Nutrition, Volume 5, Issue 1, January **2018**
5. Eman M. Mahfouz, Eman S. Mohamed and Tarek A. Abd-el Rahman,
"Assessment of nutritional status of elderly populations in rural Minia, Egypt" Journal of Aging Research & Clinical Practice, Vol. 2 , No.3, 2013.
6. Khaled H. Eldessouki and Tarek A. Abd-el Rahman "Burden of type I diabetes mellitus in adolescent patients attending health insurance outpatient clinics in Mallawy district El-Minia governorate" El-Minia Med. Bull., Vol. 20, NO. 1, Jun., 2012.
7. Fadia Abd-ElHamid Mosalem, Amany Edward Seedhom, Tarek A. Abd-el Rahman and Sara Ahmed Refaei "Knowledge, Attitude and Practice towards hepatitis C among patients and health care workers, EL- Minia governorate" El-Minia Med. Bull., Vol. 33, NO. 2, Jun., 2012.
8. Tarek A. Abd-el Rahman, Eman M. Mahfouz and Eman S. Mohamed
"Prevalence and co-morbidities of overweight and obesity among elderly population residing a rural community, Minia, Egypt" The Egyptian Journal of Community Medicine, Vol. 30 , No.4, October 2012.
9. Sanaa M. Ahmed, Tarek A. Abd-El Rahman and Eman S. Masoed,
"Mothers' awareness and knowledge of under five years children regarding immunization in Minia city. Egypt" , Life Science Journal, Vol. 4 , No. 10, 2013
10. Tarek A. Abd-el Rahman, "Prevalence and Some Determinants of Breastfeeding, in Al-Minia City, Egypt", El-Minia Med. Bull. (In press.)

Meetings and Conferences:

2019 : Arabic Diabetes Forum , Intercontinental city stars , Cairo , 2-5 October 2019
2018 : Arabic Diabetes Forum , Intercontinental city stars , Cairo , 3-5 October 2018
2014 : Pan-arab conference of diabetes . Meridian Cairo airport Hotel 23-26 March
2013: 2nd Conference of Public health department, Faculty of Medicine, El Minia University, "Putting prevention into clinical practice" , Conference Hall of El-Minia University Hospital , El-Minia University Hospital, El-Minia, Egypt , 2nd December 2013.

2013: 1st Annual Scientific Conference “Safety Environment & Nursing”, Faculty of Nursing, Minia University, 7-8 April, 2013.

2013: 8th Annual Conference of Upper Egypt Diabetes Association , Steigenberger Nile Palace Hotel , Luxor, Egypt 29th January-1st February, 2013

2012: Course of Associate Trainer form International Board of Certified Trainers, 7-11 October, 2012.

2012: 1st Congress of Egyptian fellowship of internal medicine-Minia Group on “Guidelines of Core Medical Science”, 29-30 November, 2012.

2011: 4th Arabic Conference for Nutrition “Augmenting Healthy Nutrition in Community” Jordan University, Amman, Jordan, 5-7 April, 2011.

2010: Training course in “Public Speaking- Presentation survival school” organized by Boost Middle East, 10-11 June, 2010.

2010: 4th Annual Congress of Minia Liver & Gastroenterology Diseases, Military Forces Hotel, El-Minia, Egypt, 16-17 April, 2010.

2009: 3rd Annual Conference “Clinical Nutrition & Obesity” Ramsis Hilton Hotel, Cairo, 7-8 May, 2009

2009: 6th Annual Meeting of The Egyptian Medical Association for the Study of Obesity, Ramsis Hilton Hotel, Cairo, 5-6 February, 2009.

2008: Course on Budget and Financial Management, Organized by International Union Against Tuberculosis and Lung Disease, Egypt, 26-30 October, 2008.

2009: Course on Cancer Epidemiology and Cancer Registry, Faculty of Medicine, Minia University, 8-9 March, 2009.

2008: 1st Conference of Public health department, Faculty of Medicine, El Minia University, “Priorities of Health Care In Egypt” , Conference Hall of El-Minia University Hospital , El-Minia University Hospital, El-Minia, Egypt .

Training Courses & workshops:

2007: Infection control training workshop conducted in Minia University Hospital in the period from January 13-16

2008: Course on Budget & Financial Management, organized by International Union Against Tuberculosis & Lung Diseases, October 26-30

2009: Cancer Epidemiology & Registry conducted in Public health department , Minia University , March 8-9

2010: Physician Education Program, in Delta-C project “The national Egyptian cardiovascular prevention program” organized by Johns Hopkins Medicine International & Egyptian Hypertension Society , May 11-12

2012: Associate Trainer Course , from International Board of Certified Trainers , October 7-11

2018 : Secure, Safe and Effective Disease Control Strategies training program in Beni Suef, 25-28 April , sponsored and presented by Center for Agriculture and Food Security and Preparedness , University of Tennessee, USA